## GARMIN




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GARMIN olathe. ks

## Saturday April 16th, 2016 6:45 a.m. Start

Embassy Suites Hotel and Olathe Conference Center
10401 S. Ridgeview Rd Olathe, Kansas, 66061 \#ozrun OzRun.org


## Aid Stations

Full \& Half

## (a) 20 milse $B P G a s S t a t i o n$ <br> (D) 3.8 mlks <br> (C) 5.7 mlks <br> (D) 7.9 miks <br> (C) 10.Anilas <br> (F) $11 . s$ nilas

LEGEND
Full Marathon
mnl Full Mile Markers
Half Marathon
(A) Ald Stations A-I

अवै। GU Energy Gel Stations D, G \& I

Full Only
(c) 14.0 milles
(4) 15.6 milles
(1) 17.5 nilles
(1) 19.6 milles
(4) 21.4 n 1 les
(c) 23.0 miles
(1) 25.1 milles

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## Expo / Packet Pick-up

 Thursday April 14th, 2016-4 p.m. - 8 p.m. Friday April 15th, 2016-11 a.m.- 8 p.m.Full 26.2 Miles Elevation


Half 13.1 Miles Elevation
START


# Welcome to Olathe Pronounced "oh-LAY-thuh" 

## Special thanks to all listed and many more:

Olathe Police - Working hard to keep you safe and protected on the streets

Olathe Fire Department - Providing emergency services and communication and the giant USA flag

Olathe Parks and Recreation - Promotion and Munchkin Marathon warm up activities

Olathe Public Schools - Use of CBAC Parking and weather shelters along the course

Olathe Public Works - Coordinating road closures, traffic flow and safety

Garmin International - Title sponsor, provider of aid station volunteers

Graebel Moving - Providing water station set-up and supplies

Olathe Chamber of Commerce - Managing the entire race logistics and marketing

Olathe Family YMCA - Munchkin Marathon registrants Free Entry to facility and free training for registrants

Johnson County MedAct - Providing medical assistance along the route

Global Event Medicine - Finish Line Physical / Medical assessments

Johnson County Parks and Recreation - Making sure the trails are safe and clear, and use of Millcreek Trail and restrooms

Lenexa Parks and Recreation - Use of Craig Crossing Park restroom

National Association Amateur Radio - Providing more than 20 Ham Radio operators on race day

MOAA - Providing parking attendant volunteers on race day

Ultramax - Race Shirts, Timing Chips, Registration, \& Official Garmin Marathon Apparel

Deffenbaugh Industries - Proving more than 80 port-apotties near start/finish and at aid stations

Accent Special Event Rental - Tents in the Finish Line Festival

Crawford Sales - Free beer at Finish Line Festival
Olathe Ford Lincoln - Providing multiple Ford trucks and vans for use on race weekend.

First Student - Providing Shuttle buses from 2 locations, and emergency pick-up

Fry Wagner - Provide 2 portable storage units for supplies and equipment

Kathryn Sommers - Singing the National Anthem
KC Sports Commission - Providing more than 40 water coolers for aid stations

KC Running Company - Partnership with Heartland Series
KC Color - Signage along the course
Sir Speedy - Print Material and this book
Mahaffie Stagecoach stop and Farm - Tables and Spectator station

Costco Lenexa- Bananas and Bottled Water
Sam's Club Lenexa - Go-Gurt and Granola Bars
Pepsi Beverage Co. - Bottled Water and Gatorade powder
Sysco Food Services - Paper cups for aid stations and hamburger buns, mayo and mustard packets

Tyson Foods - Providing pre-cooked chicken patties
Life Mission Church - Preparing chicken sandwiches
Rainbow Racing - Race Bibs \& Safety Pins
Gnarly Hydrate - Finish Line Festival drink
MNU Athletic Training Program - Providing volunteer students for medical tent

Mary Kay Advanced Color Consultant Kendri Burkett Mary Kay Lipstick Station 1/2 a mile from finish

Hasty Awards - Medals and Trophies
Smart Pacing Team / Runner's Edge - Pace Teams
Citizens of Olathe - It takes more than 300 citizen volunteers to make this event a success every year.

THANK YOU!

## A message from your race director

## Thank you for running in the $13^{\text {th }}$ annual

Garmin Marathon In the Land of $\mathbf{O z}$. The race committee has worked year-round to make sure this is one of the best events to date. Please take note of those people listed in this book who have spent many hours preparing for this event. Please also thank the many volunteers on the course and the police officers and traffic workers providing course protection. Some of those officers, traffic workers, and volunteers will have worked through the night and then worked all day too! We clearly could not host this event without their assistance.

It is our goal to provide a safe, family fun, healthy environment in the Kansas City metro for anyone to enjoy from all across the globe. We continue to focus on being the largest marathon event in the state of Kansas. With this being my first year as race director and also having been involved in the past 4 races in different capacities, I want to make your experience the best it can be this year and for the future.

We believe we have prepared a wonderful run for you! Enjoy it! If there is anything we can do to enhance or add to the event, please let us know. My email is marathon@olathe.org, however, this email will be inaccessible on race week. All information can be found in this book, online, or during the expo and race day info table. Then, tell a friend (or two) and mark your calendars to come back for the 2017 Garmin Marathon on April 22nd, 2017!

## Thanks,

## Bubba Gaeddert

## Charity of Choice

Mayoi's<br>Christmas Trec Fund<br>Olathe, Kínsas

## 2016 Beneficiary

A portion of the proceeds from the Garmin Marathon will go toward the Mayor's Christmas Tree Fund, which benefits Olathe's children and families in need.

The Olathe Mayor's Christmas Tree Fund is making a positive difference in the lives of Olathe children and families, giving them hope for a brighter tomorrow! For many years, the Fund has supported local charities meeting the most critical needs in our community, including food, health care, clothing, shoes, and school supplies. The Fund is administered by a Board appointed by Mayor Michael Copeland and comprised of community leaders and friends dedicated to helping our children.

Thanks to the many outstanding community partners, the Fund has no overhead expenses, allowing 100 percent of the donations to go directly to our beneficiaries. And, it's important to know that 100 percent of the Mayor's Christmas Tree Fund proceeds stay right here in Olathe!


## Costume Challenge

Get in the true Kansas spirit and dress as your favorite Wizard of Oz character for the race!

Rules: Tweet or Post on Facebook or Instagram a picture of only you in your costume with the hashtag \#ozrun on the day of the race. A committee will select the top 5 pictures and will post those selected pictures to the Garmin Marathon Facebook Page. The top 3 people with the most Facebook Likes or Twitter Favorites will receive a FREE Entry to next years race on April 22nd, 2017! The contest winners will be announced within one month of the race.
**Post and/or Tweet MUST be of an active participant in the race this year.

Make sure to like our Facebook Page!
Follow us on Twitter, Pinterest \& Instagram!


# Race Weekend Schedule 

## Start / Finish \& Packet Pick-Up / Expo Location:

## Embassy Suites Hotel and Olathe Conference Center

10401 S. Ridgeview Road, Olathe, KS 66061

## Thursday, April 14, 2016

4 p.m. - 8 p.m.
Friday, April 15, 2016
11 a.m. - 8 p.m.
Packet Pick-up \& Expo open to the public

## Saturday, April 16, 2016

6:00 a.m. - 6:30 a.m.

6:30 a.m.

6:45 a.m.
6:55 a.m.
7:05 a.m.
8:30 a.m. (approx.)
9:30 a.m. (approx.)
10:45 a.m. (approx.)

Late Packet Pick-up inside the Olathe
Conference Center for Full, Half \& 10k
Munchkin Marathon participants meet
in hotel lot at staging area
Full \& Half Marathon Start on 105th St.
10k Start on 105th St.
Munchkin Marathon Start on 105th St.
10k marathon awards
Half marathon awards
Full marathon awards

## Packet Pick-Up / Expo

## Date/Time:

Location:

Thursday, April 14, 2016 from 4 p.m. to 8 p.m. Friday, April 15, 2016 from 11 a.m. to 8 p.m.

## Embassy Suites Hotel and Olathe Conference Center

10401 S. Ridgeview Road, Olathe, KS 66061

- Can I register on race day?
- No, there will be no race-day registration. Your last opportunity to register is at Packet Pick-Up / Expo on Friday, April 15, 2016 at 8pm.
- Can someone else pick up my packet?
- Yes. In order for someone to pick up your packet, they must present one of the following:
- Your confirmation email / order number OR
- A signed note from you stating you are allowing them to pick up your packet OR
- A copy of your driver's license
- Anyone can pick-up on RACE DAY as well from 6:00-6:30 a.m. inside the Olathe Conference Center.
- When does online registration close?
- ONLY Online registration will close Wednesday, April 13, 2016 at 11:59 p.m.
- When does late in-person registration close?
- Late in-person registration will be open and available at the Packet Pick-up / Expo on Thursday April 14 from 4-8pm and Friday April 15 from 11-8pm. No registrations or race switching will be allowed after 8pm on April 15, 2016.
- Can I switch events?
- Yes, you can switch events by emailing the Race Director at marathon@olathe.org by April 10th, 2016. Due to the large amount of activity after April 10th the only way to switch events is to show up in-person to the Packet Pick-up / Expo. Your request to switch races will be processed at the Packet Pick-up tables found in the lobby of the expo. Switching races will NOT be allowed on race day. NOTE: If switching to a shorter distance or the virtual race, you will not receive a refund for the difference in price. If you move up a distance you will pay the difference in the rates that are currently in effect.
- May I get a refund?
- Unfortunately, all entries are non-refundable and non-transferable. After we have received and accepted your entry, we cannot issue a refund, allow you to transfer your number to anyone else or change your registration to next year.


## Race Committee

| Name | Position | Oz Character | Tenure | Current and/or Previous Career |
| :---: | :---: | :---: | :---: | :---: |
| Bubba Gaeddert | Race Director | Cowardly Lion | 5 years | Current VisitOlathe Sports Manager. <br> Previously 15 years with YMCA. |
| Kevin Corbett | Assistant Race Director | Professor Marvel | 1 year | Retired 30 year Olathe Parks and Rec <br> Director |
| Bruce Baldwin | Course Manager | Uncle Henry | 13 years | Olathe Running Club |

## Captains

| Name | Department | Name | Department |
| :---: | :---: | :---: | :---: |
| Colby Kost | Course Development, Olathe Traffic Control | Greg Richardson | Olathe Police Department |
| Marvin Butler | Emergency Planning, Olathe Fire Department | Joseph Folsom | Johnson County MED-ACT |
| Josef Sudduth | Olathe Police Department | Kelly D. Brummett | City of Olathe |
| Paul Kureger | Olathe Parks and Recreation | Kiel Mason | Olathe Fire Department |
| Paul Hecker | Olathe Parks and Recreation | Nancy Meads \& Scott O'Neil | Global Event Medicine |
| Rod Kopischke | Embassy Suites Hotel | Jeff Kapeller | Olathe Conference Center |
| Chuck Dvorak | Johnson County Parks District | Matt Gillespie | Johnson County Park Police |
| Herb Fiddick \& Dennis Smeltzer | HAM Communications | Jim Althouse | City of Olathe |
| Andy Bailey \& Ryan Cutter | National Weather Service | Michelle White | CBRE Property Management |
| Bill Massen \& Linda Johnson | Johnson County Parks District | Nina M Von Behren | Farmers Insurance |
| Grady Morrison | City of Olathe | John Becker \& Sam Malsbary | MOAA - Parking Crew |
| Laura Baldwin | Sponsorship \& Expo Director | Ashley Phung | Red Bull |
| Mark Livesay | Ultramax Timing, Emcee | Curtis Madden | Barricades |
| Tom Grindinger \& Denise Klepac | First Student Bus Transportation | Ryan Heckman | Heartland Community Church |
| Dr. Cory Koch | Chiropractic and Massage | Loretta Anderson | Deffenbaugh Industries |
| Dennis Meehan | Olathe Public Schools | Mario Washington \& Keith Stokes | Olathe Ford Lincoln |
| Erin Vader | City of Olathe | Wallace MacAlpine | Fry-Wagner |
| Keith Delana | City of Olathe | David Pulford | Fern |
| Darren Gilbert | City of Olathe | Scott Schires \& Ed Byrd | Graebel Moving |
| Eladio Valdez | Smart Pacing | Todd Moore | Crawford Sales |
| Todd Izzo | Roasterie Coffee | Marcus Taege | Tyson Chicken |
| Randy Jones | Accent Special Event Rental |  |  |

## Race Day Info

## Aid Stations

Aid stations will be placed along the course. For locations, please check route map. Port-a-Potties will be placed along the course at or near each aid station. Water and Gatorade will be provided at each aid station and GU is available at Aid Stations D, G \& I.

## Restrooms

There will be two banks of Port-a-Potties near the Start Line. We prefer you use these on race day and not the hotel restrooms please.

## Gear Check

Gear check will be located near the Southeast of the starting line for any gear you want to leave. Your gear will be secured in a plastic sack and your bib number will need to be written on the sack with the marker provided at the tent. The volunteers in the gear check tent will help you secure items and stay with items during the race.
Any bags left unattended in the festival area will be subject to search. If you discard an item on the course, it will most likely not be returned. Any unclaimed items left after the end of the race will be donated to charity. Volunteers may take items thrown down along first 100 yards and start line area and pile them up next to the gear check tent.

## Medical

Global Event Medicine will have a tent near the finish line to provide physical therapy care. Olathe Fire Department and Emergency Services as well as Johnson County Med Act will be on the course and at the finish line to provide medical attention.

## Pace Teams

Run with our free SmartPace teams to achieve your goal time, or just to have a great time running with a group. Our seasoned line-up of runners will follow a carefully planned pacing strategy designed to give you the best chance to run a great race. Instead of running an even pace for each mile, they will use a SmartPace strategy that adjusts the pace based on the hills to help you run "even effort" and start out conservatively to help you run more efficiently. Meet your pacers for this event and join a team for one of these goal times:

Half Marathon: 1:35, 1:40, 1:45, 1:50, 1:55, 2:00, 2:05, 2:10, 2:15, 2:20, 2:25, 2:30, 2:35,
2:40, 2:45, 2:50, 2:55, 3:00

Full Marathon: 3:15, 3:30, 3:40, 4:00, 4:10, 4,20, 4:30, 4:45, 5:00, 5:15, 5:30


## Safety

Races are limited to registered participants only. No baby strollers/joggers, rollerblades, bicycles, wheelchairs, skateboards or dogs are allowed on the course. Non-compliance will result in disqualification. The Olathe Law Enforcement Officers, course monitors, and volunteers will control traffic during the race. All runners should always exercise caution during their race.

## Race Day Info

## Race Preparation

It is recommended that you are properly trained to run a distance race and this is particularly important if you are running the marathon or half-marathon. Proper hydration is important for endurance events. Drinking too much water (hyponatremia) can be just as dangerous as drinking too little water (dehydration). Taking in electrolytes (sports drinks, gels, etc.) can help in avoiding hyponatremia, gastro-intestinal issues and muscle cramps. Be sure and adjust your hydration plan accordingly based on the weather conditions on race day. Aid stations with water, Gatorade sports drinks, and Emergency Radio System mobile units are provided for your safety along the course. Water, sports drinks, fruit, food, and a medical/health tent are available at the finish. If you experience dizziness, lightheadedness or chills, or if you stop sweating, stop immediately and seek attention.

## Timing

Chip timing will be used for all races. Runners can pick up their bib with attached chip at packet pick-up/expo at the Embassy Suites Hotel \& Olathe Conference Center located at 10401 S. Ridgeview Rd, Olathe, KS 66061 on Thursday from 4 pm to 8 pm and Friday from 11 am to 8 pm or at the starting area beginning at 6 am on Saturday morning. Your official time, as clocked by your chip when you cross the finish line, will be available in the results booth inside the Olathe Conference Center and online at www.OzRun.org

## In Case of Severe Weather

In the event of severe or inclement weather on race morning, event organizers and the Office of Emergency Management for the City of Olathe will implement a protocol to ensure the safety of all participants, volunteers, staff, and spectators. At all times, it must be kept in mind that the primary objective of the Olathe Chamber of Commerce is to hold the race, and that only in the most severe and dangerous of circumstances will all parties mutually agreeing to consider postponing, or worse, canceling the event. The event staff will communicate with the participants through the start/finish sound system with announcers working from cover with a hand held microphone. The sound systems will not be turned off unless forced by conditions. Refunds are not available. In the case of severe weather on the route, runners will be directed to the nearest aid station for further instruction.

## The Community

The Olathe Chamber of Commerce and the citizens of Olathe and Johnson County thank you for participating in the Garmin Marathon. We appreciate that you have chosen to spend part of this weekend in our communities. We hope you have an enjoyable experience while participating in our event and will place the Garmin Marathon on your calendar of future races "not to miss."

## Vehicle Warning

Although the course is monitored by Olathe city personnel and volunteers, watch out for vehicles on the course at all times! Even though you may be running with a large group of people, some drivers don't pay close attention. Don't take their awareness for granted.

## Shirts and Medals

- Participants receive medals to full marathon, half marathon, 10 k and kids run as they cross the finish line.
- All full marathon, half marathon, and 10k participants will receive the same 100 percent polyester shirt cut gender specific, but size and brand is not guaranteed to participants who register after April 1, 2016.
- You will not be able to exchange shirt sizes during packet pick-up. You can come back after the race on Saturday to see if there are any extra's to switch. (We ordered based on what you registered for.)
- See the official 2016 Medal Announcement Video.
- See the official 2016 Shirt Revel Video.



## Top Finisher Awards

Overall winners in both male and female categories per the full marathon, half marathon and 10k are as follows:

## Full marathon top finisher (male and female) - Garmin Forerunner 630 with heart rate strap



Half marathon top finisher (male and female)
Garmin Forerunner 235


10K top finisher (male and female)
Garmin Forerunner 25


The awards ceremony for the overall and masters winners will be as soon as the official results are confirmed. The approximate times for the trophy presentations are as follows:

10k ceremony about 8:00 a.m., Half marathon ceremony about 9:30 a.m. and Full marathon about 10:45 a.m. We will make every attempt to give out the age-group awards as soon as possible. Please check at the awards tent after the race for the posting of race results as they become available.

The age group and 1st masters awards will be determined by chip time.

## Trophies

Trophies will be presented to the 1st, 2nd and 3rd place overall male and female finishers.

Trophies will also be presented to the 1st place male and female masters (over 40 years old) finisher.

Age-group awards will be given to the top 3 male and female finishers at the result booth inside the Olathe Conference Center in the following age groups:

- 18 and under
- 19-24
- 25-29
- 30-34
- 35-39
- 40-44
- 45-49
- 50-54
- 55-59
- 60-64
- 65-69
- 70 and over.
- The overall and masters trophy recipients are not eligible for age group awards (no double-dipping).


## Finisher's Certificate

After the race, come to the Result Booth inside the Olathe Conference Center to get your finisher certificate printed.

## GARMIN̂. MARATHON <br>  <br> SURREMDER <br> Participant's Name

## garmiñ <br> APRIL 16, 2016 illill 6.2 • 13.1 • 26.2 in the land of OZ OLATHE, KS

## Shuttle Buses



WARNING: The hotel office complex could be full at 5:45 a.m. for parking.
CAUTION \#1: DO NO DRIVE NORTH on Ridgeview Road from College Blvd. The path will be blocked around 5:45 a.m. This will make you late. There are no late starts allowed.

CAUTION \#2: If you cannot find parking with the office park, or across Ridgeview from Hotel, or at John Deere; trying to go get on a shuttle after 6:00 a.m. will make you late. The last shuttle to make it to the finish line on time from the two locations will be leaving at 6:00 a.m.
This may make you late. There are no late starts allowed. Plan ahead. Arrive early.

## Buses leave the red dots every 15 minutes from 5 a.m. to 7 a.m. CAUTION: Get on the 6 a.m. shuttle to make it to the start line before the race starts.

## Race Day Parking within $1 / 2$ mile



- Hotel Parking Lot is designated only for Hotel Guest, Vendors and Race Committee
- Restaurants and businesses to the West of the hotel are designated for their patrons.
- HealthRidge Fitness Center Parking Lot is ONLY open to its members and staff.
- INTRUST Bank is ONLY open to its customers \& staff.
- Best entrance to office park is from the North off K10 Highway, and turn left (EAST) into office park at 106th.
- Police and parking attendants will be managing the office park.


## GREEN Areas = FREE Parking but limited. RED Area = NO Parking for participants. <br> ORANGE Area = Road closure for runners

## Directions from Kansas City Airport

## Directions to Embassy Suites Hotel \& Olathe Conference Center from Kansas City International Airport

The start/finish line is located at Embassy Suites Hotel \& Olathe Conference Center located at Kansas Highway 10 and Ridgeview Road. The address for the Garmin Marathon, Expo and Packet Pickup is 10401 South Ridgeview Road, Olathe, KS 66061.

- Head towards I-29S/US-71 S to Kansas City
- Follow I-29 S/US-71 S for 3.7 miles
- Take exit 9B to merge onto MO-152 W toward Topeka for 5.5 miles
- Use the right lane to merge onto l-435 S via the spur/circle ramp to Topeka for $\mathbf{2 2 . 9}$ miles
- Entering Kansas as you pass over Missouri River
- Take exit 1B for KS10 toward Lawrence
- Continue onto KS-10 W for 0.9 miles
- Take the Ridgeview Rd exit (1st exit on right)
- This is a Diverging Diamond Pattern Bridge
- Continue onto S Ridgeview Rd for $\mathbf{0 . 5}$ miles
- Take left turn to East on to W 106th St
- Destination will be in the office park

(https://goo.gl/maps/57XEQnq6f2A2)



## Directions from South on I35 (Construction at 435 / I35 Junction ALERT)

There is substantial construction at the 435 / I35 Junction about 3 miles from the start / finish.

We recommend not using that junction this weekend due to the construction. Take 119th exit in Olathe, then North on Renner to K-10 and right back off at Ridgeview.

- When driving North on I35 from the South
- Take exit 220 toward 119th St
- Turn left onto W 119th St
- Stay on W 119th St for $\mathbf{0 . 6}$ miles
- Turn right onto Renner Blvd
- Stay on Renner Blvd for $\mathbf{2 . 1}$ miles
- Turn left onto the Kansas 10 W ramp
- Merge onto KS-10 W
- Take next exit at Ridgeview Rd just after getting on KS 10 W
- This is a Diverging Diamond Pattern Bridge
- Continue onto S Ridgeview Rd for $\mathbf{0 . 5}$ miles
- Take left turn to East on to W 106th St
- Destination will be in the office park

Coming from North on I-35 is open. Exit on I-435 W then to KS-10 West

Coming from East on l-435 is open through junction.

## Spectator Locations

| Location \& Google Map Link | Address | Parking | Mile |
| :---: | :---: | :---: | :---: |
| Finish Line @ Hotel | 10401 S Ridgeview Rd, Olathe, KS 66061 | Shuttles will bring spectators until 7 a.m. from CBAC and Heartland Church | Finish Line Area |
| Hyvee / UMB Bank | 18101 W 119th St, Olathe, KS 66061 | Park at Hyvee, stand in grass South of UMB Bank | Full \& Half Mile 2.0 |
| Mahaffie Stagecoach Stop- <br> Farm \& Olathe Community <br> Center | 1205 E Kansas City Rd, Olathe, KS 66061 | Use East entrance of Olathe Community Center South of KC RD \& walk across to Mahafife | Full \& Half Mile 3.2 |
| Olathe North High School | 600 E Prairie St, Olathe, KS 66061 | Come from the South on KC Rd and park in East lot | Full \& Half Mile 3.9 |
| Raven Ridge Park | 675 W. Harold, Olathe, KS 66061 | Come from the West on Harold St and park | Full \& Half Mile 7.9 |
| Olathe Northwest High School | 21300 College Blvd, Olathe, KS 66061 | Come from West and go North on Valley Rd, around sports fields, then South on Lone Elm | Full \& Half Mile 10.5 \& 10k Mile 2.5 \& 3.5 |
| Prairie Star Pkwy Trailhead to Millcreek Trail | Ridgeview \& Prairie Star Pkwy | Get there from Woodland or Renner. Ridgeview does not go North past K10. | Full Miles 14 \& 23 |
| Craig Crossing Park | 9145 Woodland Rd, Lenexa, KS 66220 | Park has a lot at Woodland and 91st St. | Full Miles 15.2 \& 22.2 |
| Aid Station I on Millcreek Trail | 7900 Renner Rd, Lenexa, KS 66219 | Park at Shawnee Mission Lake dam and walk about .75 miles to Aid Station I | Full Miles 17.5 \& 19.8 |

## Track my Runner

Tracking will be available for participants, spectators, family and friends to utilize during the 2016 Garmin Marathon.

Track up to 25 participants live all from your phone! The brand new app uses the participants' split times and current pace to calculate their estimated location along the course. View their race marker in real time as they make their way through the Garmin Marathon course. Simply click the Live Tracking button within the app and search by name, email or bib number. Add them to your tracking list and follow along on race day!


Live tracking also provides the option to have push notifications sent directly to your phone. Once you have followed a runner, simply click on their name within the live tracking page, click the Following button and Enable Push Notifications to receive a message every time your runner crosses a split.

Find us as "Garmin Marathon" in the App Store or Google Play. The app contains course maps and all the latest race information, so don't miss out!
*Athletes who registered within the past week may not appear in the participant list yet. The list will be updated again before race day.

Garmin Marathon
Everything you need (or want) to know about the Garmin Marathon.


Live tracking
Track real-time progress of participants during the Garmin Marathonl
**This app is for the Live Race on April 16th, 2016. DO NOT USE this app with Virtual Races.
*** This app is not produced by Garmin, nor is connected or partnered with Garmin.
PC Browser and Phone Browser Version Website: http://live.sporthive.com/event/1642/Live


MyLaps FAQ about the app and company: https://mylaps.zendesk.com/hc/en-us/articles/204453841-4-1-User-FAQ
MYLAPS


## Munchkin Marathon Info



## Can I register on race day for the Kids Run?

Yes, but it must be done from 6am-6:45am ONLY in the kids zone of the Hotel Parking Lot. The parent/guardian must sign a waiver. Shirts, Bibs and Medals are not guaranteed if you register online or in person after April 1st, 2016.

## When does online registration close?

ONLY Online registration will close Wednesday, April 13, 2016 at 11:59 p.m.

Is there late in-person registration?
Late in-person registration will be open and available at the Holmes Murphy Packet Pickup and Expo held at the Embassy Suites Hotel \& Olathe Conference Center on Thursday April 14 from 4:00-8:00 p.m. and Friday April 15 from 11:00 a.m. - 8:00 p.m. There will also be RACE DAY late in-person registration on race day from 6am-6:45am ONLY. The parent/guardian must sign a waiver at the Kids Zone found in the parking lot of the Hotel. Shirts, Bibs and Medals are not guaranteed if you register online or in person after April 1st, 2016.

Can I register by mail, phone, fax or email?
We prefer all registrations be done online. NO MAIL, PHONE, FAX, or EMAIL.

Please come to packet pickup on April 14th and 15th, 2016 at the Embassy Suites Hotel \& Olathe Conference Center to get shirt, bib number and goodie bag. Yes, you are allowed to pickup packets for whole teams, groups or families.

Yes, parents are allowed to run with their children, and they do not have to register and you can wear any shirt that you want to.

## 2016 Expo Vendors

| Garmin International | Charlie Hustle | Ultramax |
| :---: | :---: | :---: |
| Olathe Chiropractic Lifestyles Center | KC Running Company | Fleet Feet Sports |
| North Face Kansas City | Gypsy Runner | Profile by Sanford |
| Bug Run 2016 <br> Jadon's Hope | Olathe Running Club | Hospital Hill Run |
| Prairie Fire Marathon | Olathe Parks and Rec Charity Run | Visit KC |
| Mission Bowl | Costco - Lenexa | AdvoCare Independent Distributor |
| Artistic Images | The Runner's Edge KC | Pinnacle Career Institute |
| Fulk Chiropractic | Serc- Physical Therapy | Key Dynamics Chiropractic |
| Furniture Mall of Kansas | Kansas City Farmers Insurance Agents | Hague Quality Water of Kansas City |

## Contributors



Good things



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